

Nails

Manicure

Relax, nourish, and restore your hands to their natural beauty. Treatment includes nail exfoliation, shaping, and advanced cuticle care. Polish or buff and shine. 27

Pedicure

Designed to relieve tired achy feet and release overall tension. Treatment includes an exfoliating scrub, callous softening, toenail care, and a moisturizing aromatherapy massage. Nails polished or buffed to perfection. 45

French Manicure/Pedicure add 10

Foot Refresher

Running short on time? Try this express pedicure. Basic exfoliation, moisturizing, nail care, and polish. 25

Finger/Toenail Polish Change 15

Add paraffin to any treatment 10

(paraffin is a stimulating hot wax that is used to moisturize the skin)



Relax, Rejuvenate, and Enjoy

Eyelash Extensions

Wake up to gorgeous eyes every day with eyelash extensions! This procedure provides long, thick, luscious and natural looking eyelashes. These lashes are not traditional fake eyelash strips – they are semi-permanent individual eyelash extensions and will last up to two months. The lashes are applied directly to individual eyelashes for a natural look and feel.

30 lashes per eye	250
50 lashes per eye	300
70 lashes per eye	350
Refills	65

Lash Me Baby 1500/year

✿ Includes first full 30 lash set and two refills per month.

✿ Additional lashes 1/per lash

Xtreme Lashes™ are weightless, and give an extremely sensual look both day and night. Perfect for special occasions or for day to day wear.

XTREME
LASHES™

Extend Your Beauty™

www.xtremelashes.com



Gift Certificates Available

Beth Cates

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Skin and Nail Specialist*

Esthetician, Natural Nail Care Specialist, Certified Xtreme Lash Professional



Relax, Rejuvenate, and Enjoy

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Gift Certificates Available

Facials

European Facial

Skin cleansing and exfoliation followed by skin nourishing and tension-dissolving creams gently massaged onto neck and shoulders. The finale is the application of a pore-tightening, skin-smoothing masque customized for your skin type. 75

Express Facial

A quick treatment designed to cleanse and soften your skin when you don't have time for a full session facial. You will enjoy a cleanse, a gentle exfoliation, and a soothing moisturizing treatment and still have time to grab a bite before heading back into your busy day. 45

Gentleman's Facial

Customized for a gentleman's specific skincare needs, a deep cleansing is followed by an exfoliating scrub. The treatment concludes with a cool soothing mask to balance and hydrate your skin, also helping to alleviate shaving irritation. 65

Anti-aging Facial

Skin is deep cleansed and gently exfoliated and treated with a bio active vitamin delivery therapy designed to stimulate, repair, and firm. Reduces the appearance of fine lines and wrinkles by evening your skin tone and texture. 85

Deep Pore Cleansing Facial

Deep pore cleansing treatments draw out impurities, reduce oil without drying, and provide balanced hydration. Gentle cleansing, toning, and massage are followed with a steam treatment, extractions and detoxifying agents to purify skin. 85



Relax, Rejuvenate, and Enjoy

Hydrating Facial

Designed specifically for dehydrated skin. Active algae extracts nourish and hydrate while marine collagen helps to increase elasticity and promote collagen restoring the skins youthful strength and integrity and providing lasting moisture leaving parched skin thoroughly quenched. 85

Add-on eye treatment

Reduce the appearance of fine lines and enhance moisture retention via collagen regeneration. Reduce puffiness, tighten and firm. Instant results to the delicate eye area. 10

Microdermabrasion

Discover the underlying beauty of your skin with the renewing affects of microdermabrasion. This treatment utilizes fine mineral crystals to remove dead and flaking skin cells while stimulating the production of fresh skin cells and collagen. The results are a vibrant healthy appearance and complexion. A series of treatments produces the best results. 85

Package of 3/225

Package of 6/425

Skin Peels

Skin peels are non-irritating, pain free, and cause no down time from skin shedding, redness, or irritation. These unique treatments cause significant stimulation of the fibroblasts deep within the skin to produce new collagen and elastin. This proliferative effect on the skin's cells delivers many anti-aging benefits without any unsightly skin shedding or redness. After only one session, the skin will look clearer, smoother, and brighter. For maximum results a course of skin peels can be combined with microdermabrasion. 65

Waxing

Lip	12
Chin	15
Brow	17
Underarm	22
Bikini	25
High Bikini	35
Half Arm	30
Full Arm	40
Full Face	40
Brazilian	65
Lower Leg	35
Full Leg	65
Back	40
Back/Shoulders	50
Chest	40
Chest/Shoulders	50

Waxing guidelines

- ✿ Hair should be approximately ¼ inch in length.
- ✿ Use of an exfoliating body scrub to desensitize the area to be waxed is recommended.
- ✿ Waxing cannot be performed on the facial area if you are currently using Acutane, Retin-A, or Renova.

St Tropez Sunless Tanning

This insalon treatment is so luxurious, your skin is left silky smooth with a sun kissed glow that will last for days. This aloe vera based lotion is non greasy and quick drying, with a relaxing aromatic scent.

Prior to application...

- Shower and exfoliate
- Wax or shave 24 hours before your application
- Wear dark, loose fitting clothing
- Avoid contact with water or perspiration for 6-8 hours

- One application/25
- Three applications/68
- Five applications/110